**National In-Service Training Programme for Nutrition Officers at the Regional and District Levels in Mainland Tanzania**

**Post-test Assessment Questions**

**Module 1**

1. One of the following is not a category of causes of malnutrition in developing countries, which one is it?
2. Basic
3. Underlying
4. Exposed
5. Immediate
6. Which among the following is the prevalence of stunting in Tanzania?
7. 40%
8. 41%
9. 42%
10. 43%
11. 44%
12. Is the following statement True or False? “Disability can be termed as a consequence of malnutrition on health and productivity of an individual”
13. How many priority areas for nutrition interventions have been stipulated in the National Nutrition Strategy for the period of 2011-2016?
14. Is the following statement True or False? “Scaling Up Nutrition (SUN) is a global movement to support women’s and children’s rights”

**Module 2**

1. What is National Nutrition Strategy

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1. Mention at least four strategies of the National Nutrition Strategy

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1. What is the importance of budgeting

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1. What is a procurement unit?

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1. Define tendering process

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**Module 3**

**Nutrition assessment system, Nutrition assessment methods & M&E**

1. Which among the following IS NOT a component of nutrition assessment system
2. Survey
3. Screening
4. Surveillance
5. Intervention
6. Ethical clearance
7. The following are the different methods of assessing nutrition status of an individual or population EXCEPT ONE Method
8. Anthropometric method
9. Biochemical method
10. Consumption method
11. Clinical method
12. Dietary method
13. What are the two aims of sampling?
    1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
14. Mention two nutrition software you know
    1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
15. Monitoring and evaluation is needed in nutrition programs and activities for the following reasons EXCEPT ONE
16. Provides information on program implementation and achievement of expected results
17. Improves program management by informing the decision-making process
18. Inform the parliament on programs activities
19. Allows for accounting to stakeholders
20. Provides Information for planning future resource needs
21. Provides useful information for elaborating policies

**Module 4**

**Indicate whether the following statements are True, False or Do not know**

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| --- | --- | --- | --- |
| **Statement** | **True** | **False** | **Do not know** |
| 1. Resource mobilization is Soliciting funds for social development |  |  |  |
| 1. Lobbying, negotiation, and advocacy refer to the act of supporting a cause to achieve a desired result directed to changing policies and programming. |  |  |  |
| 1. Advocacy is needed when there is new leadership that may not be aware of the ‘history’ of the problem and creating and maintaining a connection with that leadership is needed. |  |  |  |
| 1. SMART means ‘sustainable, measureable, applicable, replicable, and time–bound’. |  |  |  |
| 1. A group in itself does constitute a team. |  |  |  |
| 1. Mentoring is the process of changing a person’s values and perceptions into an optimistic approach, through this process the interest is in helping another person develop into a successful professional |  |  |  |